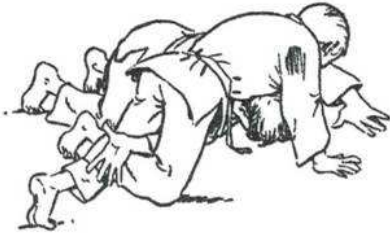


LES KANSETSU WAZA



ASHI GATAME



HARA GATAME



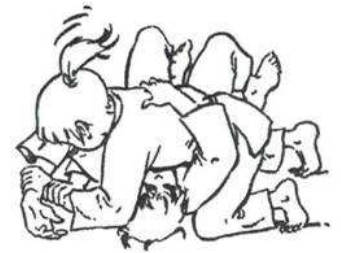
HIZA GATAME



JUJI GATAME



SANKAKU GATAME



UDE GARAMI



UDE GATAME



WAKI GATAME